



Midwifery Care Associates, P.C.
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HOME BIRTH KIT ORDERING AND HOME BIRTH SUPPLY LIST

ORDER A HOME BIRTH KIT

Please Note: Birth Kits should be ordered six weeks prior to your due date. Due to sanitation reasons, birth kits and disposable birth supplies cannot be returned.

Kit Contents

- 15 - Underpads Light WT, 23" x 24"
- 1 - Straws, Pkg of 10
- 1 - Tape Measure, Infant Paper
- 1 - Sanitary Pads, Pkg of 14
- 1 - Peri Irrigation Bottle
- 2 - Baby Caps, Basic Cotton
- 1 - Alcohol Prep Pads, Pkg of 20
- 12 - Gauze, 4" x 4", Pkg of 2
- 1 - Bulb Syringe, 3oz
- 1 - Lubricating Jelly 3gm, Pkg of 10
- 1 - Scrub Brush with Betadine
- 6 - Gloves, Syntethic Pairs, Size Medium
- 6 - Gloves, Synthetic Singles, Size Medium
- 1 - Cord Clamps, Plastic Sterile
- 1 - Sterile Field
- 2 - Perineal Cold Packs
 - 2 - Sanitary Briefs
- 1 - Kleenprinter Footprinter

To order go to

www1cascade.com

SKU: 40009

Type 40009 into the search field.

BIRTH SUPPLY LST

Essential

Birth supply box
2-3 vinyl shower curtains liners (aired out if possible)
6-8 old towels, home laundered
2-4 wash cloths
Unbreakable bowl for placenta
Cookie sheet or tray
Quart size plastic container for placenta or zip lock bags
6-8 cotton flannel receiving blankets
Extra cotton knit caps for baby
Baby gowns and diapers
Package of extra large absorbent bed under pads
Maternity sanitary supplies
Extra sheets for your bed
Car seat installed in your car
Overnight bag for emergency transport to hospital

Handy

2-3 Instant ice packs or frozen washcloths
Electrolyte replacement drinks like recharge or Gatorade, or Pedialyte
Heating pad or hot water bottle
Post partum discomfort remedies, herbal tonics, Aleve, Motrin, Extra- Strength Tylenol
For water birth/labor, extra towels, medium sized mesh fish tank net
Camera, film, video camera if desired
Bright flash light
Accurate clock with second hand
Oil for perineum (olive or sweet almond)